



Why complete a... Health and Social Care Foundation Apprenticeship

A solution for your training needs and career progression

ROLE OVERVIEW

Health and care support assistants work in a range of health and care settings, for example in a care home, hospital, General Practice, as part of community team and in individuals' homes where their wider team may include workers from both health and social care.

The broad purpose is to provide high quality and compassionate care and support to individuals. Daily duties will vary dependent on where they work and whether their work is focused on supporting healthcare professionals in providing clinical healthcare or in providing personal care and support in adult social care.

KEY POINTS

- **Level:** 2 Foundation
- **Duration:** 8 months + Apprenticeship Assessment
- **Entry requirements:** The apprentice must normally be aged 16 to 21 at the start of their apprenticeship.
- **Career progression:** Upon successful completion you may progress onto role specific apprenticeships

KNOWLEDGE REQUIREMENTS



- Fundamental principles of a duty of care
- Fundamental principles of adult safeguarding and how to report a safeguarding concern
- Fundamental person centred values to maximise an individual's independence
- Fundamental mental health, physical health and emotional wellbeing needs that individuals may have
- Fundamental principles of infection prevention and control
- Developments in digital working and professional boundaries when using technology
- Fundamental principles of health promotion and illness prevention to support positive lifestyle choices
- Common health conditions and routine interventions and knowing when and to whom to escalate for action

SKILL REQUIREMENTS



- Act in the best interest of individuals to ensure they do not come to harm
- Work in partnership with others to help to keep individuals safe
- Support individuals using person centred values
- Adapt your approach when providing care and support to meet the needs of the individual
- Follow infection prevention and control precautions to protect yourself and others in the workplace
- Use digital systems and technology in the workplace
- Support individuals with positive lifestyle choices to promote health and wellbeing

BEHAVIOUR REQUIREMENTS



- Communicate and share information using verbal, non-verbal, written and digital methods
- Act in a professional manner including good time keeping and conduct
- Apply new learning and feedback to everyday practice
- Complete own work tasks and ask for help when needed

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