



# Why Work as a... Lead Adult Care Worker

A solution for your training needs and career progression

## ROLE OVERVIEW

Lead Adult Care Workers are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives. In addition, Lead Adult Care Workers have responsibility for providing supervision, frontline leadership, guidance and direction for others.

## KEY POINTS

- **Level:** 3
- **Duration:** 18 months + End Point Assessment
- **Entry requirements:** You may be required to undertake training in maths and English. See [HERE](#) for more information
- **Career progression:** This apprenticeship provides an ideal entry into the occupation and supports progression within the sector

## KNOWLEDGE REQUIREMENTS

- How to monitor, plan, review a care plan in response to changing physical, social, and emotional needs of individuals
- How to ensure that dignity is at the centre of all work with individuals and their support circles
- The role of advocates and when they might be involved
- How to recognise and prevent unsafe practices in the workplace
- How to keep safe in the work environment
- How to work with other people and organisations in the interest of the person being supported
- How to access and apply good practice relating to their role

## SKILL REQUIREMENTS

- Support individuals they are working with according to their personal care/support plan
- Implement/facilitate the specialist assessment of social, physical, emotional and spiritual needs of individuals with cognitive, sensory and physical impairments
- Support others to understand the importance of equality, diversity and inclusion in social care
- Work in partnership with external agencies to respond to concerns of abuse
- Promote healthy eating and wellbeing by supporting individuals to have access to fluids, food and nutrition

## BEHAVIOUR REQUIREMENTS

- Is caring consistently and enough about individuals to make a positive difference to their lives
- Is delivering care and support with kindness, consideration, dignity, empathy and respect
- Good communication is central to successful caring relationships and effective team working
- Is applying knowledge and skills to provide high quality care and support

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