



Why Work as an... Adult Care Worker

A solution for your training needs and career progression

ROLE OVERVIEW

Adult Care Workers are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives. To work in care is to make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges.

KEY POINTS

- **Level:** 2
- **Duration:** 12 months + End Point Assessment
- **Entry requirements:** You may be required to undertake training in maths and English. See [HERE](#) for more information
- **Career progression:** This apprenticeship provides an ideal entry into the occupation and supports progression within the sector

KNOWLEDGE REQUIREMENTS



- The tasks and responsibilities of the job role relevant to the context of the service in which they are working. This could include supporting with social activities, monitoring health, assisting with eating, mobility and personal care
- How to find out the best way to communicate with the individual they are supporting
- What abuse is and what to do when they have concerns someone is being abused
- How to keep safe in the work environment
- How to work together with other people and organisations in the interest of the person being supported
- How to identify, respond to and escalate changes to physical, social, and emotional needs of individuals

SKILL REQUIREMENTS



- Encourage individuals to participate in the way their care and support is delivered
- Ensure dignity is at the centre of all work with the individuals they support, their families, carers and advocates
- Identify and take steps to reduce environmental barriers to communication
- Recognise, report and challenge unsafe practices
- Promote the health and wellbeing of the individual they support
- Demonstrate ability to work in partnership with others to support the individual

BEHAVIOUR REQUIREMENTS



- How to support and enable individuals to achieve their personal aims and goals
- What dignity means in how to work with individuals and others
- The importance of respecting diversity and treating everyone equally

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